**PREVENTION PLAN BUILDING BLOCK: SAMPLE SURVEY**

### Sample survey you can use to assess how PTSD is perceived in the workplace.

###### This survey is designed to assess opinions in the workplace towards co-workers who may be suffering from PTSD. There are no right or wrong answers to these questions as everyone will have different attitudes and opinions based on their own life experiences. Please read each of the following statements carefully and decide how much you agree or disagree with each statement. Please an “x” in the correct column for each statement to indicate your response.

|  | **Strongly Disagree** | **Disagree** | **Neither Agree or Disagree** | **Agree** | **Strongly Agree** |
| --- | --- | --- | --- | --- | --- |
| 1. I would be upset if a co-worker with PTSD always sat next to me at work |  |  |  |  |  |
| 1. Most employees with PTSD are too disabled to work |  |  |  |  |  |
| 1. I would not want to be supervised by someone who had been treated for PTSD |  |  |  |  |  |
| 1. I would not be close friends with a co-worker who I knew had PTSD |  |  |  |  |  |
| 1. Employees with PTSD tend to bring it on themselves |  |  |  |  |  |
| 1. The quality of work performed by employees with PTSD is unlikely to meet the expectations of the job |  |  |  |  |  |
| 1. Jobs with tight timelines and high demands are harmful to employees with PTSD |  |  |  |  |  |
| 1. I would try to avoid a co-worker with PTSD |  |  |  |  |  |
| 1. Employees with PTSD could snap out of it if they wanted to |  |  |  |  |  |
| 1. Employees with PTSD are often more dangerous than the average employee |  |  |  |  |  |
| 1. It would be better for employees with PTSD to participate in work activities that are outside of the paid labour force. |  |  |  |  |  |
| 1. If I knew a coworker had PTSD I would not date them |  |  |  |  |  |
| 1. Employees with PTSD often become violent if not treated |  |  |  |  |  |
| 1. I would not want to work with a coworker who had been treated for PTSD |  |  |  |  |  |
| 1. Most violent crimes in the workplace are committed by employees with mental illness |  |  |  |  |  |
| 1. I would tell my supervisor if a coworker was being bullied because of their PTSD |  |  |  |  |  |
| 1. You can’t rely on an employee with PTSD |  |  |  |  |  |
| 1. I would stick up for a coworker who has PTSD if they were being teased. |  |  |  |  |  |
| 1. You can never know what an employee with PTSD is going to do |  |  |  |  |  |
| 1. I would help a co-worker who got behind in their work because of their PTSD |  |  |  |  |  |
| 1. Most employees with PTSD get what they deserve. |  |  |  |  |  |
| 1. I would volunteer my time to work in a program for a coworker with PTSD. |  |  |  |  |  |
| 1. Employees with serious mental illnesses need to be locked away. |  |  |  |  |  |

Adapted From: Szeto, A. C. H., Luong, D., & Dobson, K. S. (2013). Does labelling matter?: An examination of attitudes and perceptions of labels for mental disorders. Social Psychiatry and Psychiatric Epidemiology, 48, 659-671.